

MENU

For the early bird...

Served from 8.30am - 11am

Breakfast

The Marlow's perfect start	£8.95
Local pork sausage, 2 rashers back bacon, fried egg, grilled tomato, hash brown, buttered button mushrooms and baked beans served with a slice of toast and tea or regular filter coffee	
Light breakfast	£4.75
Local pork sausage, smoked back bacon, fried egg, grilled tomato, hash brown and baked beans	
Veggie breakfast ✓	£4.75
Grilled tomato, buttered button mushrooms, 2 hash browns, fried egg and baked beans	
Marlow's Benedict	£7.95
Toasted buttered muffin with 2 poached eggs, 2 rashers crispy back bacon and hollandaise	
Avocado on toast ✓	£6.95
Smashed avocado on sourdough toast with 2 poached eggs and grilled cherry tomatoes	
Porridge ✓	£3.00
Healthy porridge topped with honey or berry compote	
Suffolk sausage & sourdough	£3.95
2 local pork sausages in buttered sourdough bap	
Smoked bacon & sourdough	£3.95
3 rashers crispy smoked bacon in buttered sourdough bap	
Kids breakfast	£3.50
Under 12's chose 3 items with a child's drink	
Freshly baked croissant & pastries	£1.95
Toasted fruit loaf	£2.75
Toast	£1.50
2 slices of white or brown with butter	
Tiptree jam	£0.60

A little extra

Extra sausage	£1.10	Grilled tomato	£1.00
Extra slice of bacon	£1.10	Portion mushrooms	£1.00
Extra egg	£1.00	Hash browns	£1.00
Portion of beans	£1.00		

From the bakery

Homemade sultana scone	£2.10
Served with butter	
Homemade cheese scone	£2.10
Served with butter	
Tempting tray bakes	£2.30
Ask for today's tasty choices	
Sensational sponge cakes	£3.50
Check out our cake display for choices	
Cream tea	£4.65
Homemade sultana scone, jam and clotted cream served with tea or regular filter coffee	
Toasted teacake	£1.95
Served with butter	
Luxury fruit loaf	£2.75
Served with butter	

Hot drinks

Traditional tea	£1.95
Loose leaf luxury tea	£2.35
Earl Grey, Moroccan mint, Fruit punch, Lemon and ginger, Easy green tea, Wild nettle, Cranberry & hibiscus, De-caffinated tea	
De-caffinated tea/Redbush tea	£2.20
Filter coffee	£2.00 / £2.40 / £2.65
Americano	£2.00 / £2.40 / £2.65
Latte	£2.35 / £2.70 / £2.95
Cappuccino	£2.35 / £2.70 / £2.95
Flat white	£2.50
Espresso	£1.50 / £2.00
Macchiato	£2.00
Mocha	£2.55 / £2.85 / £3.10
Hot chocolate	£2.35 / £2.65 / £2.85
Toffee apple latte with cream	£3.15
Luxury hot chocolate	£3.15
Large with cream and marshmallows	
Chai spiced rose latte	£3.00
Extra shot	£0.50
Syrups	£0.50

Lunch

Served from 11am - 4pm, Mon - Sat
Served from 11am - 3pm, Sunday

Toasted paninis

Served with Marlow's salad and balsamic dressing	
Organic brie, bacon & cranberry	£6.50
Chicken breast, pesto, sundried tomato & mozzarella	£6.50
Goat's cheese & onion chutney with rocket ✓	£6.50
Add a bowl of chips	£1.00

Classic toasties

All served with mixed leaves and balsamic dressing	
Cheddar & red onion chutney ✓	£5.50
Cheddar & ham	£5.50
Cheddar, chorizo & sweet chilli jam	£5.50
Tuna melt	£5.50
Add a bowl of chips	£1.00

Baked jacket potatoes

Served with homemade slaw and Marlow's Salad with balsamic glaze.	
Prawn mayo topped with rocket	£6.95
Classic cheddar & beans ✓	£6.75
Tuna mayo with red onion	£6.25
Coronation chicken & mango chutney	£6.95
Goats cheese, pinenut & spinach topped with red onion chutney ✓	£6.95
Melted cheddar cheese ✓	£6.25
Beans jacket ✓	£6.25
Plain jacket & butter ✓	£5.25
Extra toppings	£1.50

A little extra

Large chips	£1.75	Marlow's side salad	£2.00
Bread & butter	£1.50	Homemade slaw	£1.50

The food we serve in our Kitchen Café is from a traditional kitchen and may contain traces of nuts, gluten and other allergens. Please speak to a member of the team if you have any allergies.

Sweet treats

Sweet treats	£4.50
Check out our blackboard or ask your server for today's choices	
Locally made ice cream:	
2 yummy scoops!	£3.50
3 yummy scoops!	£4.95

Cold drinks

Pepsi / diet Pepsi	£2.10
Still / sparkling water	£1.85
Breckland local Posh Pop	£2.45
Ginger beer & chilli Plum & cherry Dandelion & burdock Cloudy lemonade Elderflower & pear Cream soda & rhubarb Sloe lemonade & rose Strawberry & rhubarb	
Thorncroft Cordial	£2.75
Wild Nettle Cranberry & Hibiscus	
James White local apple juice	£2.65
Russet, Cox or Bramley	
Orange juice	£1.95
Milkshake	£3.00
Ask for flavours	
Luxury milkshake topped with cream	£3.95
Ask for flavours	
Mini bottle of wine	£3.50
Merlot or Sauvignon	
Mini bottle prosecco	£5.95
White or Rosé	
Aspall Waddlegoose apple/berry cider	£3.75
Adnams Ghost Ship	£3.45
Adnams Lighthouse	£3.45
Adnams Ease Up	£3.45
Adnams Earl Grey lager	£3.45
Greene King East Coast IPA	£3.45
Greene King Yard Bird pale ale	£3.00
Peroni lager	£3.00

Check out the blackboard for our lunch specials!

Marlow's Signature dishes

Chilli bowl & potato wedges topped with cheddar served with Sour Cream	£6.50
Hand battered cod served with skin on fries, garden peas and homemade tartare sauce (ask a member of staff about gluten free fish & chips!)	£9.95
Homemade sausage roll	£3.95
Sausage roll with salad garnish & today's chutney or jam	
Tex Mex cheese on sourdough toast topped with avocado, chilli & red onion	£4.95

Soup

Homemade soup of the day served with freshly baked roll	£4.95
Homemade soup of the day served with cheese scone & butter	£5.95

Sandwiches

Served on white, brown or gluten free bread with salad garnish	
Coronation chicken & mixed leaves	£5.25
Honey roast ham, cheddar with fig & plum chutney	£4.95
Prawn mayonnaise with rocket	£5.25
Egg, mayonnaise & watercress ✓	£4.75
Tuna mayonnaise & cucumber	£5.25
Warm local sausage sandwich with wholegrain mustard mayonnaise on the side	£5.25

For the little ones (under 12s)

Mini battered fish with chips & peas	£4.95
Sausage, creamy mash & peas	£4.95
Cheesy bean boat with a cheese sail on a pool of beans ✓	£4.95
All children's meals are served with a child's drink	
Children's picnic	£4.75
Mini sandwich (cheese or ham), yogurt, raisins, Pom Bears and your choice of child's drink	

Please sit down, peruse the menu and then place your order at the counter



MARLOWS
the kitchen

MENU

PLEASE PLACE YOUR ORDER AT THE COUNTER WHEN READY
thank you

